

Prayer Training 5

The **Practice** of prayer – how to connect

Q. How do we pray *effectively*?

Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much. James 5:16

A. We pray earnestly in *agreement with the will, ways and timing of God connecting to His heart*

Everything of everlasting value is all about the *King and His kingdom*

Our greatest need is to connect to God personally. How do we come to a Holy God?

Draw near to God, and He will draw near to you... James 4:8

A.C.T.S. Prayer Guide

A - Adoration

Then I looked, and I heard the voice of many angels around the throne, the living creatures, and the elders; and the number of them was ten thousand times ten thousand, and thousands of thousands,¹² saying with a loud voice:

*“Worthy is the Lamb who was slain
To receive power and riches and wisdom,
And strength and honor and glory and blessing!”*

¹³And every creature which is in heaven and on the earth and under the earth and such as are in the sea, and all that are in them, I heard saying:

*“Blessing and honor and glory and power
Be to Him who sits on the throne,
And to the Lamb, forever and ever!”* Revelation 5:11-13 NKJV

C - Confession

*If we **confess our sins**, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.* 1 John 1:9 NKJV

T - Thanksgiving

in everything give thanks; for this is the will of God in Christ Jesus for you. 1 Thessalonians 5:18 NKJV

S - Supplication (Requests)

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. John 15:7 NKJV

Harp and bowl worship in the presence of the Spirit of the Lord *on earth as it is in heaven.* Matt. 6:10

*Now when He had taken the scroll, the four living creatures and the twenty-four elders fell down before the Lamb, each having a **harp**, and golden **bowls** full of incense, which are the prayers of the saints.* Revelation 5:8

International House of Prayer in Kansas City Limited Edition 21 – worship with Word, intercession
Acts 2:1-3,13 Isaiah 53, Matthew 26:63, Psalm 27:4-5 Song of Solomon 1:15, 4:7, 8:6

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Confession and Cleansing of Sin

“If we confess our sins, He is faithful and just to forgive us our sins and to cleans us from all unrighteousness.” 1 John 1:9 NKJV

The Bible calls us to live in the Spirit and apart from sin: *“Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires.” Galatians 5:24 NASB* This is so God can grow the fruits of the Spirit in us.

We have to spend time with God removing the sin that robs our joy, steals our blessings, damage our relationships and breaks our fellowship with God. First identify the sin and then be encouraged to agree with God, confess, repent, and turn away from them by the power of the Holy Spirit living in you. Then be set free from sin and walk in freedom.

“And you shall know the truth, and the truth shall make you free.” John 8:32 NKJV

Ten Commandments given by God

| | |
|-------------------------------------|--|
| Love God, and have no other gods | Do not murder or say you hate anyone |
| Do not make or worship any idols | Do not commit adultery or look lustfully |
| Do not take the Lord’s name in vain | Do not steal |
| Keep the Lord’s Sabbath day of rest | Do not lie about your neighbor |
| Honor your father and mother | Do not desire anything that is not yours |

Subtle Sins

| | | |
|-------------------|-------------------|----------------------|
| Addiction | Fear | Lack of Faith |
| Anger | Gluttony | Laziness |
| Animosity | Gossip | Lukewarmness |
| Anxiety | Greed | Lying |
| Bitterness | Guilt | Materialism |
| Boastfulness | Half –Truths | Negativism |
| Closed Mindedness | Hard heartedness | Prayerlessness |
| Condemnation | Hatred | Prejudice |
| Condescension | Haughtiness | Pride |
| Control | Hostility | Purposelessness |
| Critical Nature | Idolatry | Rebellion |
| Deception | Immoral Fantasies | Resentment |
| Demanding | Impatience | Rudeness |
| Discord | Impurity | Self - righteousness |
| Discouragement | Inflexibility | Selfish Ambition |
| Dissension | Indifference | Selfishness |
| Dogmatism | Insincerity | Skepticism |
| Domination | Intemperance | Temperamental |
| Egotism | Irritability | Unbelief |
| Emotional Abuse | Jealousy | Unforgiveness |
| Envy | Judgment | Ungratefulness |
| Fractions | Lack of Affection | Vanity |

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Pray the Word of God for Protection and Blessings

Lord Jesus we plead Your blood over our sins and ask You to cleanse us from all unrighteousness: *But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.* (1 John 1:7 NKJV)

Lord God place Your hedge of protection around us: *Have You not made a hedge around him, around his household, and around all that he has on every side? You have blessed the work of his hands, and his possessions have increased in the land.* (Job 1:10 NKJV)

Lord of Hosts give Your angels charge over us: *...He shall give His angels charge over you,* (Psalm 91:11 NKJV)

Lord deliver us from the evil one: *And do not lead us into temptation, But deliver us from the evil one.* (Matthew 6:13 NKJV)

Lord God all Mighty protect us from all attacks of the enemy: *No weapon formed against you shall prosper, and every tongue which rises against you in judgment You shall condemn.* (Isaiah 54:17 NKJV)

Lord bless us: *“The LORD bless you and keep you; ²⁵ The LORD make His face shine upon you, And be gracious to you; ²⁶ The LORD lift up His countenance upon you, And give you peace.”* (Numbers 6:24-26)

Lord God who heals, bless us with divine health: *Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.* (3 John 1:2)

Lord God who Provides bless us with Your divine provisions: *And my God shall supply all your need according to His riches in glory by Christ Jesus.* (Philippians 4:19 NKJV)

Lord bless us with Your grace to cultivate the fruits of the Spirit: *But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, ²³ gentleness, self-control. Against such there is no law.* (Galatians 5:22-23 NKJV)

Lord bless us with Your spirit of wisdom and revelation in the knowledge of God: *that ...our Lord ..., may give to you the spirit of wisdom and revelation in the knowledge of Him, ¹⁸ the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, ¹⁹ and what is the exceeding greatness of His power toward us who believe, ...* (Ephesians 1:17-19)

Lord bless us with Your great grace to love You wholeheartedly: *...love the LORD your God with all your heart, with all your soul, with all your mind, and with all your strength.’... (Mark 12:30)*

Lord bless us with the grace of God to love others as we are loved: *... ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”* (Mark 12:31 NKJV)

Lord God our Father bless us with Your grace to grow in Your love and unity in the Spirit: *“I do not pray for these alone, but also for those who will believe in Me through their word; ²¹ that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me.* (John 17:22-21NKJV)

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Personal Prayer List

Self _____

Family and Friends _____

Ministries _____

Missions _____

Community, State and Nation _____

